

August

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1

VACATION

2

VACATION

3

VACATION

4

VACATION

5

VACATION

6

VACATION

7

VACATION

8

VACATION

9

VACATION

10

VACATION

11

VACATION

12

VACATION

13

FALL CAMP
MEETING
6PM

14

1ST PRACTICE
MEETINGS
1:00
PRACTICE 2-6

15

1ST PRAC 9-12
12-1 LUNCH
1-2
MEETINGS
2ND PRAC 2-4
**STAFF
MEETING*

16

17

1ST DAY OF
PADS
PRACTICE
2-6

18

PRACTICE 2-6
W/MEETINGS

19

PRACTICE 2-6
W/MEETINGS
STAFF MEET

20

PRACTICE 2-6
W/MEETINGS

21

PRACTICE 2-5
W/MEETINGS

22

SAC VS SAC
SCRIMMAGE
STAFF MEET
10AM

23

PRACTICE 2-6
W/MEETINGS

24

PRACTICE 2-6
W/MEETINGS

25

PRACTICE 2-6
W/MEETINGS
STAFF MEET

26

PRACTICE 2-5
W/MEETINGS

27

PRACTICE 2-5
W/MEETINGS

28

SAC VS SAC
SCRIMMAGE
STAFF MEET
9:45 TEAM
MEETING
W101

29

30

31

2009

September

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	31	1	2	3	4	5
	SCHOOL BEGINS PRACTICE 2-6 W/LIFT AND MEETINGS	PRACTICE 2-6 W/LIFT AND MEETINGS	PRACTICE 2-6 W/LIFT AND MEETINGS	PRACTICE 2-6 W/LIFT AND MEETINGS	SP TEAMS MEETING 2PM FIELD WALK THRU 3-4:30	AT CITRUS COLLEGE 1PM
6	7	8	9	10	11	12
<i>STAFF MEET</i> 9-2	LABOR DAY 2PM LIFT 3PM FIELD 4PM FILMS <i>STAFF 5-8</i>	PRACTICE 2-6 W/LIFT AND MEETINGS	PRACTICE 2-6 W/LIFT AND MEETINGS	PRACTICE 2-6 W/LIFT AND MEETINGS	SP TEAMS MEETING 2PM FIELD WALK THRU 3-4:30	HOME VS MESA COLLEGE 1PM
13	14	15	16	17	18	19
<i>STAFF MEET</i> 9-2	2PM LIFT 3PM FIELD 4PM FILMS <i>STAFF 5-8</i>	PRACTICE 2-6 W/LIFT AND MEETINGS	PRACTICE 2-6 W/LIFT AND MEETINGS	PRACTICE 2-6 W/LIFT AND MEETINGS	SP TEAMS MEETING 2PM FIELD WALK THRU 3-4:30	AT LA HARBOR 6PM
20	21	22	23	24	25	26
<i>STAFF MEET</i> 9-2	2PM LIFT 3PM FIELD 4PM FILMS <i>STAFF 5-8</i>	PRACTICE 2-6 W/LIFT AND MEETINGS	PRACTICE 2-6 W/LIFT AND MEETINGS	PRACTICE 2-6 W/LIFT AND MEETINGS	SP TEAMS MEETING 2PM FIELD WALK THRU 3-4:30	HOME VS MOORPARK 1PM
27	28	29	30			
<i>STAFF MEET</i> 9-2	2PM LIFT 3PM FIELD 4PM FILMS <i>STAFF 5-8</i>	PRACTICE 2-6 W/LIFT AND MEETINGS	PRACTICE 2-6 W/LIFT AND MEETINGS			

October

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1

PRACTICE 2-6
W/LIFT AND
MEETINGS

2

SP TEAMS
MEETING
2PM
FIELD WALK
THRU 3-4:30

3

HOME VS
SADDLEBACK
COLLEGE
1PM

4

STAFF MEET
9-2

5

2PM LIFT
3PM FIELD
4PM FILMS
STAFF 5-8

6

PRACTICE 2-6
W/LIFT AND
MEETINGS

7

PRACTICE 2-6
W/LIFT AND
MEETINGS

8

PRACTICE 2-6
W/LIFT AND
MEETINGS

9

SP TEAMS
MEETING
2PM
FIELD WALK
THRU 3-4:30

10

AT ORANGE
COAST
COLLEGE
6PM

11

STAFF MEET
9-2

12

2PM LIFT
3PM FIELD
4PM FILMS
STAFF 5-8

13

PRACTICE 2-6
W/LIFT AND
MEETINGS

14

PRACTICE 2-6
W/LIFT AND
MEETINGS

15

PRACTICE 2-6
W/LIFT AND
MEETINGS

16

SP TEAMS
MEETING
2PM
FIELD WALK
THRU 3-4:30

17

AT
PALOMAR
COLLEGE
1PM

18

STAFF MEET
9-2

19

DAY OFF

20

PRACTICE 2-6
W/LIFT AND
MEETINGS

21

PRACTICE 2-6
W/LIFT AND
MEETINGS

22

PRACTICE 2-6
W/LIFT AND
MEETINGS

23

DAY OFF

24

BYE WEEK

25

STAFF DAY
OFF

26

2PM LIFT
3PM FIELD
4PM FILMS
STAFF 5-8

27

PRACTICE 2-6
W/LIFT AND
MEETINGS

28

PRACTICE 2-6
W/LIFT AND
MEETINGS

29

PRACTICE 2-6
W/LIFT AND
MEETINGS

30

SP TEAMS
MEETING
2PM
FIELD WALK
THRU 3-4:30

31

HOME VS
LONG BEACH
CITY
COLLEGE
7PM

2009

November

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1	2	3	4	5	6	7
<i>STAFF MEET</i> 9-2	2PM LIFT 3PM FIELD 4PM FILMS <i>STAFF 5-8</i>	PRACTICE 2-6 W/LIFT AND MEETINGS	PRACTICE 2-6 W/LIFT AND MEETINGS	PRACTICE 2-6 W/LIFT AND MEETINGS	SP TEAMS MEETING 2PM FIELD WALK THRU 3-4:30	AT GROSSMONT COLLEGE 1PM
8	9	10	11	12	13	14
<i>STAFF MEET</i> 9-2	2PM LIFT 3PM FIELD 4PM FILMS <i>STAFF 5-8</i>	PRACTICE 2-6 W/LIFT AND MEETINGS	PRACTICE 2-6 W/LIFT AND MEETINGS	PRACTICE 2-6 W/LIFT AND MEETINGS	SP TEAMS MEETING 2PM FIELD WALK THRU 3-4:30	HOME VS FULLERTON COLLEGE 1PM
15	16	17	18	19	20	21
<i>STAFF MEET</i> 9-2	2PM LIFT 3PM FIELD 4PM FILMS <i>STAFF 5-8</i>	PRACTICE 2-6 W/LIFT AND MEETINGS	PRACTICE 2-6 W/LIFT AND MEETINGS	PRACTICE 2-6 W/LIFT AND MEETINGS	SP TEAMS MEETING 2PM FIELD WALK THRU 3-4:30	BOWL WEEK 1 ST ROUND PLAYOFFS
22	23	24	25	26	27	28
<i>STAFF MEET</i> 9-2	2PM LIFT 3PM FIELD 4PM FILMS <i>STAFF 5-8</i>	PRACTICE 2-6 W/LIFT AND MEETINGS	PRACTICE 2-6 W/LIFT AND MEETINGS	THANKSGIVING PRAC 10-12:30	SP TEAMS MEETING 2PM FIELD WALK THRU 3-4:30	2 ND ROUND PLAYOFFS
29	30					
<i>STAFF MEET</i> 9-2	2PM LIFT 3PM FIELD 4PM FILMS <i>STAFF 5-8</i>					

2009

December

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1

2

3

4

5

PRACTICE 2-6
W/LIFT AND
MEETINGS

PRACTICE 2-6
W/LIFT AND
MEETINGS

PRACTICE 2-6
W/LIFT AND
MEETINGS

SP TEAMS
MEETING
2PM
FIELD WALK
THRU 3-4:30

SO CAL
CHAMPION-
SHIP

6

7

8

9

10

11

12

STAFF MEET
9-2

2PM LIFT
3PM FIELD
4PM FILMS
STAFF 5-8

PRACTICE 2-6
W/LIFT AND
MEETINGS

PRACTICE 2-6
W/LIFT AND
MEETINGS

PRACTICE 2-6
W/LIFT AND
MEETINGS

SP TEAMS
MEETING
2PM
FIELD WALK
THRU 3-4:30

STATE
CHAMPION-
SHIP

13

14

15

16

17

18

19

DAY OFF

20

21

22

23

24

25

26

27

28

29

30

31

2009